

## Create your own toga or tunic

Become a Roman Citizen for the day and make your own toga or tunic. You will need an assistant for this.

- ▶ Find a flat bedsheet, tablecloth or any large piece of material
- ▶ Stand with your arms up. Place the whole toga over your left shoulder letting a third of the material drape down your front towards the floor, and two thirds dangling down at the back
- ▶ Ask your assistant to wrap the back two thirds of the sheet around you a once from back to front, and then throw the last part of the sheet over your left shoulder. Leaving the right shoulder bare.
- ▶ If you get really stuck why not look for a video to show you how on the internet

### How do you think a Roman Citizen would have felt wearing their toga?

- ▶ To make a child's tunic borrow an adult sized t-shirt. If it has a design on it, you could always wear it inside out. Tunics would have come in lots of different colours, but popular colours were red, brown and green
- ▶ Use a plain leather belt or use a piece of string to wrap around your waist. You could also add a large woolly scarf as a cloak to keep you warm.

### Do you think you would be cool in the hot weather and warm in the winter?



Create your own toga or tunic using a sheet, tablecloth or t-shirt.  
Photographs by S Creek.